



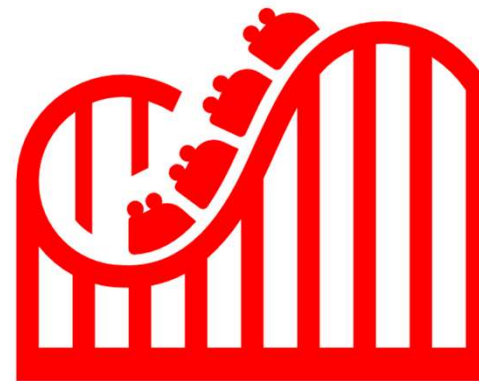
Lesson One

- Warm up (Floor)
 - **Balloons, Blue Sky**
- Present keyboard geography (Piano)
 - My Keyboard (Book)
 - **Steps and Skips HW**
- Prepare pitch (F)
 - Stand Up Sit Down – no explanation
 - Black Crow with puppet – create **actions**
- **Creativity** (P/B)
 - My Musical Pictures **HW**
- Prepare pulse (F)
 - Cobbler Cobbler – hammer actions



Warm Up Purpose

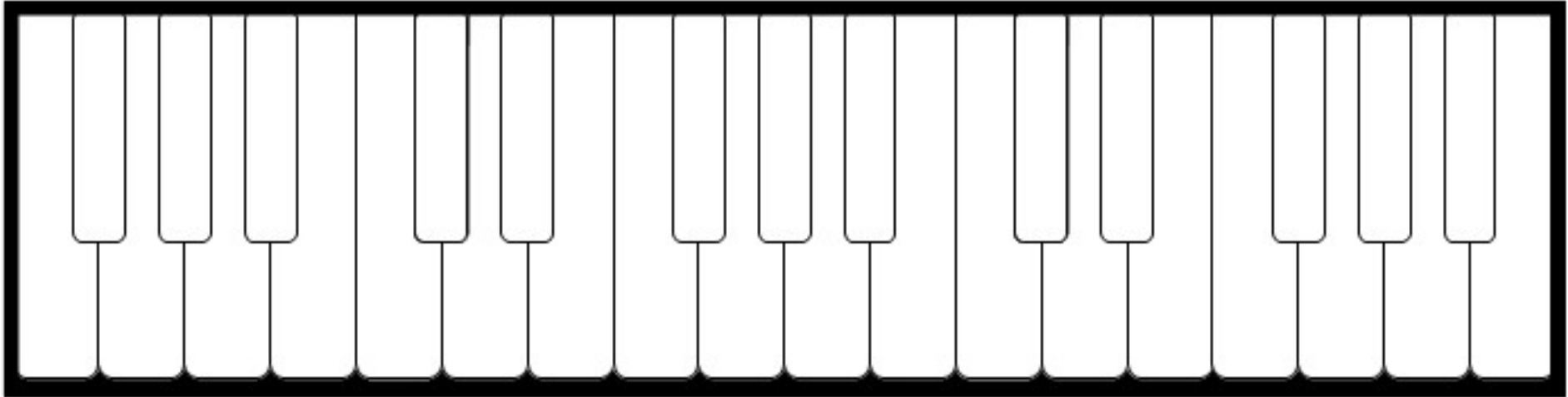
- **Balloons**
 - Familiar and safe
 - Stretching reduces stress
 - Develop safe vocal technique
 - Develop pitch control
 - Improvising colour choices
- **Blue Sky**
 - Ice breaker
 - Preparing repertoire
 - Preparing pitch
 - Preparing pulse





My Keyboard

Look at this picture. What's wrong with it? Can you fix it?



How many white keys are there on **YOUR** keyboard?

How many black keys are there on **YOUR** keyboard?

Step up the white keys saying “step, step...”.

When you step up the black keys sometimes you have to skip!

How many skips can you find?

Play the black keys and name the steps and skips.



My Musical Pictures

Draw some pictures and create musical sounds to match them.
Make them different so they'll need different musical sounds!

Play one to your teacher or a friend without telling them which it is.
Can they guess which picture you're playing?